

# Meade Hill Newsletter Spring 2025



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### **Checkmatel**

Pupils have been enjoying their time in Chess Club, where they have been competing in challenging games and learning new strategies. Chess is a great way for learners to develop a wide range of skills such as critical thinking and problem solving - it even helps to boost memory! Alongside the matches, we've also enjoyed learning about the history of chess and tracing its origins back to India! We're excited to see how pupils continue to grow in confidence and refine their tactics.



#### Children in Need

This term, pupils had the incredible opportunity to hear from a guest speaker from Children In Need, who shared their inspiring journey as a grantmaker. This was a fascinating insight into the world of philanthropy, especially focusing on how our life experiences can shape the way we help others in the future.

Students learned that change doesn't always come through large-scale campaigns; even small, thoughtful acts can make a big difference. A valuable lesson on the importance of giving back and getting involved to make the world a better place!



Taking notes on how to make a positive change in our communities.

# World Book Day

As passionate book-lovers, World Book Day is always one of the standout events of the school calendar - and this year was no exception! We had lots of fun dressing up as book characters and sharing stories throughout the day. We even enjoyed a special lunch menu featuring delicious meals inspired by our literary favourites. Thanks to everyone who helped us make this World Book Day one to remember!

Let's keep up the momentum - don't forget, the magic of reading isn't limited to just one day of the year! Keep on reading to discover fresh ideas, broaden your vocabulary, and fuel your imagination. Every page turned is another possibility!



# Free Fruitfor Kids

We're delighted to be selected as one of the winners of Tesco's incredible Free Fruit for Kids initiative! For a full year, pupils will have free access to a wide range of fruit and vegetables at breaktime, ensuring they get one of their five a day - everyday!

Fruit and veg is an essential part of a balanced diet, especially for young people, ensuring they get the nutrients they need to support their growth, brain function, and energy levels. We're proud to be part of this fantastic initiative and hope this will help our students to be healthier, happier, and ready to learn throughout the school day.



The leingon the Cake

What better way to spend a snow day than baking and decorating cupcakes from scratch! We had lots of fun mixing our ingredients together, but the best bit came when it was time to decorate. We let our imaginations run wild, experimenting with colourful icing, sprinkles, and chocolate toppings. A feast for the eyes AND the taste buds!



That's what we call a showstopper...Watch out **Bake Off 2025!** 

#### Make Some Noise!

Students have enjoyed learning about all the basics of music, beginning with notes and rhythm and exploring how these different elements come together to create a song. The classroom was buzzing with energy as pupils practiced drumming out the beat, playing with different sounds, and bringing their ideas to life. Music is so much more than a hobby, it's an incredible tool to promote creativity and collaboration. It was wonderful to see our pupils' talent shining through!



Having fun and finding our rhythm!

#### Teacher's Pet

It's a joy to have Peggy in class! She always brings a very calming presence to the classroom - we're pretty sure she can do the "sit and stay" command better than anyone! Plus, her wagging tail is the perfect motivation for keeping a positive attitude.



The perfect study buddy!

# Breaking the lee-

A huge congratulations to all our pupils who achieved 100% attendance! We celebrated this fantastic achievement with an ice skating trip. where they spent the day slipping, sliding, and having a blast on the rink. We had an incredible day full of fun and laughter. But much more than that, it offered a rich learning experience, teaching pupils' the value of perseverance, determination, and the importance of never giving up! Just like in school, the best way to learn is often not from succeeding on the first try, but from failing...or, in this case, falling!



Don't forget every fall is just another opportunity to rise up again!

## BabySteps

We really enjoyed our Circles for Learning session, getting the chance to watch interactions between Baby Becket and his parent. This unique experience gave pupils the opportunity to see emotions in action, watch relationships develop, and gain an understanding of how our thoughts, feelings and behaviours are all interconnected. We were also excited to discover that Becket now has object permanence, an important milestone in his development! Through these interactions, pupils gained an insight into their own personal growth, laying the foundations for emotional awareness and wellbeing.



Lots of learning and laughter with Baby Becket.







# Taking a Swing at Success

PE & Sport is a firm favourite at Meade Hill, where every lesson is an opportunity to get active and have fun! This term, we've enjoyed honing our skills in badminton and tennis. Whether it's perfecting their serves or competing in fast-paced games, pupils are always pushing themselves to the next level. Great work everyone!



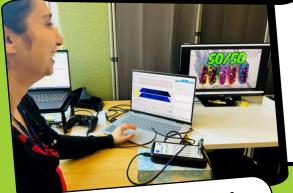
Serving up some serious talent on the court!

# Making Waves for Mental Health

Pupils have been enjoying their Neurofeedback sessions, a leading-edge technology that's used to improve brain function and emotional regulation. Students simply watch videos or play video games whilst a headset tracks their brainwaves and provides real-time feedback. The results speak for themselves - learners say they feel much more calm and focused after the sessions, which has a huge impact on their confidence and self-belief!

Even Gizmo the Guinea Pig decided to give it a go. He felt very relaxed and regulated - until a Lion King advert came on!





Neurofeedback in action!