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<p><b>Endeavour Federation Curriculum vision</b></p> 	<p>At the Endeavour Federation, we follow an adapted National Curriculum, with wellbeing central to everything we do. We offer a broad and balanced curriculum, with all students having the opportunity to study a range of subjects, following bespoke pathways. The study of these subjects, allows pupils to apply theoretical knowledge to the practical elements of the curriculum.</p> <p>We believe in all our students and have high expectations for their futures. A comprehensive package of both pastoral and learning support, delivered by highly trained staff, allows them to navigate their learning journeys and improve their life outcomes, becoming the best versions of themselves.</p>
<p><b>PSHE vision</b></p> 	<p>Our curriculum seeks to follow the National Curriculum prioritising emotional wellbeing alongside academic achievements in order to meet the individual needs of our pupils, this is exemplified by our in depth focus on each of the core themes daily throughout the academic year through daily specific targeted lessons in which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps young people to stay healthy and safe, whilst preparing them to make the most of life and work in 21<sup>st</sup> Century Britain.</p>

Careers (CEIAG)	Cultural Capital	Enrichment Opportunities	Preparing for life in modern Britain	Literacy and Communication
				
















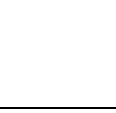
Curriculum 'at a glance'

	Autumn		Spring		Summer	
Year 7	Identity and relationships	Health and puberty	Mental Wellbeing	Drugs Awareness	Healthy Lifestyles	Finances, saving and borrowing
Year 8	Digital Literacy & Online Safety	Relationships	Community and Discrimination	Drugs Awareness	Puberty and Health & Wellbeing	First Aid
Year 9	Bullying and Intimate Relationships	Digital Literacy & Online Safety	Addressing extremism and radicalisation & Migration	Respectful Relationships	Employability skills and Finances	Peer influence, substance use and gangs
Year 10	Diversity in the UK	Healthy Relationships	Drug Awareness	Digital Literacy and the media	Addressing extremism and radicalisation	Employability skills and Finances
Year 11	Drug Awareness	Mental wellbeing	Families and Relationships	Healthy Lifestyles	Employability skills and Finances	














		Term 1		Term 2		Term 3	
Year 7	<i>Core Knowledge/ Skills and Concepts</i>	<p><b>Identity and Relationships</b> Who am I? What is my identity? How might my identity change over time?</p>  	<p><b>Health and Puberty</b> Healthy routines, influences on health, puberty, unwanted contact, and FGM</p>  	<p><b>Mental Wellbeing</b> Mental health and emotional wellbeing, including body image and coping strategies</p>    	<p><b>Drugs Awareness</b> Alcohol and drug misuse and pressures relating to drug use</p>  	<p><b>Healthy Lifestyles &amp; Human Rights</b> Healthy routines, Lifestyles, Diversity and Prejudice</p>  	<p><b>Finances, saving and borrowing:</b> Financial decision-making - Saving, borrowing, budgeting and making financial choices</p>   
	<i>Weekly Focus</i>	<p>1- Who am I? What is my identity? How might my identity change over time?</p> <p>2- How does my community and my country affect my identity?</p> <p>3- How has the changing face of Britain affected people's identities over key periods in history?</p> <p>4- How diverse are family types across the UK? Why is family stability seen as beneficial to society? (LGBTQ+)</p> <p>5- What is the link between human relationships and happiness? (LGBTQ+)</p> <p>6- What are the characteristics of safe family relationships? (LGBTQ+)</p>	<p>1- How important are boundaries, privacy and consent in relationships with family and friends? (LGBTQ+)</p> <p>2- What is puberty? What changes will bodies go through? How do our hygiene routines need to change as we hit puberty?</p> <p>3- What is the menstrual cycle? What products are available for use during a period? What impact does puberty have on our brains?</p> <p>4- What impact does puberty have on sexual feelings? What are wet dreams? (LGBTQ+)</p> <p>5- Female Genital Mutilation – what is it? What are the risks?</p> <p>6- What is mental wellbeing? How can we maintain positive mental wellbeing? Why is contact with others important?</p>	<p>1- How does our time online impact on our mental wellbeing?</p> <p>2- What are emotions? How can I best describe my emotions? How do I manage my emotions?</p> <p>3- What are the signs for mental wellbeing concerns, both mine and that of others? Mental wellbeing tips and further interventions</p> <p>4- How can I manage my anger?</p> <p>5- What is it? What help is there?</p>	<p>1- What are drugs? What types of drugs are there? General overview of drugs</p> <p>2- Nicotine: How harmful is smoking tobacco? What is the law? What are the benefits of quitting smoking? What support is available?</p> <p>3- Vaping, e-cigarettes and shisha: How harmful are the alternative ways of inhaling nicotine? What is the law around these?</p> <p>4- Alcohol: What are the short- and long-term risks of drinking alcohol? What are the psychological risks?</p> <p>5- Alcohol: How can we reduce the risks of alcohol consumption? What are the safer drinking guidelines?</p>	<p>1- What are the characteristics and benefits of a healthy lifestyle? Including healthy eating.</p> <p>2- What are the benefits of exercise on the body and the mind?</p> <p>3- What are the benefits of a range of physical activities? E.g., yoga, Pilates, HITT, team sports, outdoor activities.</p> <p>4- How is sport/exercise adapted for people of all abilities? Invictus games, Paralympics, blind football, wheelchair basketball etc.</p> <p>5- What are human rights? The Universal Declaration of Human Rights. Why were they created?</p> <p>6- What rights to children have? How does the UK promote these? Are these enforced across the world?</p> <p>7- How can we work to protect the rights of others? What responsibilities do we have?</p>	<p>1- How can we make the most of our money? Budgeting</p> <p>2- What is a current account? How is one used?</p> <p>3- What methods of saving are there? Why do the banks pay interest on savings?</p> <p>4- What are the links between our finances and mental wellbeing? Introduce gambling and debt.</p>


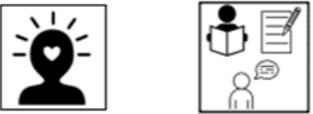

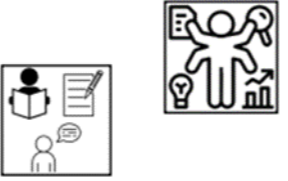

<b>Core Knowledge/ Skills and Concepts</b>	<p><b>Digital Literacy &amp; Online Safety</b> Online safety, digital literacy, media reliability, and gambling hooks</p>  	<p><b>Relationships</b> What is marriage? What is arranged marriage? Gender diversity, why do people cohabit?</p>     	<p><b>Community and Discrimination</b> Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia, hate crimes</p>  	<p><b>Drugs Awareness</b> Alcohol and drug misuse and pressures relating to drug use</p>  	<p><b>Puberty &amp; Health and Wellbeing</b> What is safe sex? What is sexting? Recognising unsafe relationships, contraception</p> 	<p><b>Citizenship and First Aid</b> Basic first aid skills for common injuries. Students are required to learn further first aid skills such as CPR and the purpose of defibrillators</p>   
<b>Weekly Focus</b>	<p>1- What differences are there between our online world and the real world? What benefits are there to being online? What risks are there to being online?</p> <p>2- How can social media affect our mental wellbeing? What unhealthy comparisons are made when we are online?</p> <p>3- How can we critically analyse the information that we find on the internet?</p> <p>4- What impact does the internet have on society's perceptions of beauty? How does this impact on body image?</p> <p>5- How can a negative body image impact on mental wellbeing? Body dysmorphia, overuse of plastic surgery etc. What support is there?</p>	<p>1- What is marriage? What is a civil partnership? What are the differences?</p> <p>2- Why do people choose to cohabit instead of marry/join in a civil partnership? What are the legal differences?</p> <p>3- What are the differences between arranged and forced marriages? Why should marriage be a choice?</p> <p>4- Gender diversity – what does it mean? What support is there?</p> <p>5- Equality Act 2010 (LGBTQ+) Being an ally with the LGBTQ+ community.</p>	<p>1- What are stereotypes? How do they lead to prejudice and discrimination? Equality Act. Include gender stereotypes – why are they unhelpful? (LGBTQ+)</p> <p>2- How can we become more respectful? What do we mean by tolerance? British Values</p> <p>3- How does misinformation lead to prejudice and discrimination? E.g., refugee stories in the media</p> <p>4- Is Britain a racist country? Institutional racism and overt racism. BLM</p> <p>5- Hate crimes – protected characteristics, racism, Human Rights etc. What is homophobia? What constitutes as homophobic language? LGBTQ+ rights</p> <p>6- What is extremism? How do extremists spread their views online? Religious and right-wing extremism. Stages of grooming</p>	<p>1- Drugs and the law: Classifications, punishments and the impact of a drugs conviction on your life. What impact do drugs have on society? CCE</p> <p>2- What is nitrous oxide? What is the law? What are the effects and risks of inhaling nitrous oxide?</p> <p>3- What is cannabis? What is the law? What are the short- and long-term effects? What are the risks?</p> <p>4- Should cannabis be legalised? What are the reasons for and against the debate? What laws do other countries have?</p>	<p>1- Introduction to safe sex. What is sex? What risks are there? How can we protect ourselves from the risks?</p> <p>2- Safer sex – consent. What is consent? How do we know if someone has consented to sex?</p> <p>3- Safer sex – contraception. How to use a condom. Contraception for people who identify as LGBTQ+</p> <p>4- Sexting/sending nudes – what is it? The law? Why do people do it? The risks?</p> <p>5- Recognising unsafe relationships. How can we get help for yourself or others? CSE</p>	<p>1- What is the difference between government and parliament? What is an election?</p> <p>2- What do the parties stand for? What is an independent candidate? Upon election, what is the role of an MP?</p> <p>3- What are laws? How are they made? What is the difference between civil and criminal law?</p> <p>4- What is meant by DR ABC? What is the recovery position and when should it be used?</p> <p>5- How are scolds, burns and minor injuries treated? How do we help people who are choking?</p> <p>6- How and when do we administer CPR? What is a defibrillator? How is it used? Where might I find one locally?</p>

Year 8

	<p><b>Core Knowledge/ Skills and Concepts</b></p> <p><b>Intimate relationships</b> Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography</p>  	<p><b>Digital Literacy &amp; Online Safety</b> What benefits are there to being online? What risks are there to being online? How safe is the internet?</p>   	<p><b>Addressing extremism and radicalisation &amp; Migration</b> Community cohesion and challenging extremism</p>  	<p><b>Respectful Relationships</b> Families and parenting, healthy relationships, conflict resolution, and relationship changes</p>  	<p><b>Financial Education</b> Employability and online presence, financial education</p>  	<p><b>Peer influence, substance use and gangs</b> Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation</p>     
<p><b>Year 9</b></p> <p><b>Weekly Focus</b></p>	<p>1- What is bullying? Types of bullying, the school's anti-bullying policy. Discuss racism, transphobia, sexism, online bullying etc. Bullying vs banter. (LGBTQ+)</p> <p>2- Impact on mental well-being. What can young people do to bring about change? (LGBTQ+)</p> <p>3- What are the characteristics of healthy and unhealthy intimate relationships? How can we have good communication in intimate relationships?</p> <p>4- What is sexual pressure? Where could it come from? How can sexual pressure be managed?</p> <p>5- What is the link between sex and health? Benefits, potential negatives, links between first sexual experiences and future sexual health.</p>	<p>1- What are the benefits to being online?</p> <p>2- What is 'catfishing'?</p> <p>3- Why do people gamble online? What are the risks of online gambling? What are the signs of problem gambling? What help can people get?</p> <p>4-: What is targeted advertising? How do companies use psychology to get us to spend money?</p> <p>5- What is the role of a social media influencer? What impact do influencers have on us?</p> <p>6- Catch up time where needed</p>	<p>1- What do the terms 'refugee' and 'asylum seeker' mean? Why do people come to the UK under these titles?</p> <p>2- What support is available for refugees and asylum seekers? Links with the Universal Declaration of HR</p> <p>3- Assessment 1 - Should migration be limited?</p> <p>4- Accessing support services.</p>	<p>1- What is meant by 'sexual consent'? What is the law about sexual consent? Why is consent essential?</p> <p>2- Why do people share indecent images online? What is the law about these? What impact does this have? How can we report &amp; stop the sharing of these?</p> <p>3- What constitutes sexual harassment, sexual abuse and rape? What is the law about these? What we do to keep ourselves, or others, safe? (LGBTQ+)</p> <p>4- Confronting the realities: What is the data about sexual harassment and abuse? Case studies – Stalking cases (LGBTQ+)</p> <p>5- Controlling behaviour and coercive control in relationships: What are the signs and stages?</p>	<p>1- How can I plan how I spend my money? What is budgeting?</p> <p>2- What are mortgages? What do I need to know about mortgages?</p> <p>3- What are loans? What do I need to know about loans? How do loans accrue interest?</p> <p>4- What are credit/store cards? What do I need to know about credit/store cards? How do credit/store cards accrue interest?</p> <p>5- What are overdrafts? What do I need to know about overdrafts? How do overdrafts accrue interest?</p>	<p>1- What is addiction? What types of addictions are more common? What are the chemical and behavioural effects of addiction?</p> <p>2- What are the effects of addiction? Physical, psychological and addiction cycles. What is the impact on the individual/society? How can people get help?</p> <p>3- MDMA/Ecstasy: What is the law? What are the effects? What are the risks? Reducing the risk. Case studies.</p> <p>4- Cocaine: What is the law? What are the effects? What are the risks? Reducing the risk. Cocaine farming and the effect on the community.</p> <p>5- What does the term 'county lines' mean? How are people recruited? Child criminal exploitation.</p>

		6- What is meant by 'safe sex'? What are STIs? (LGBTQ+) How do contraception methods protect us? Which methods protect from pregnancy? Which protect us from some STIs? (LGBTQ+)			6- What is domestic abuse? What are the signs? What help can people get?  7- What is child sexual exploitation? How are people groomed into sexual exploitation? What is the law? How can we report this?		
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	<b>Core Knowledge/ Skills and Concepts</b>	<b>Diversity in the UK &amp; Healthy Relationships</b> The influence and impact of drugs, gangs and role models in the media   	<b>Healthy Relationships</b> Coercive control, consent, Control in relationships  	<b>Drugs Awareness</b> Alcohol and drug misuse and pressures relating to drug use  	<b>Digital Literacy and the Media</b> What is the role of the media in a democracy? What is responsible journalism? What is misinformation?  	<b>Anti-social behaviour &amp; Addressing extremism and radicalisation</b> Community cohesion and challenging extremism  	<b>Employability and Finances</b> Employability and online presence, financial education  
<b>Year 10</b>	<b>Weekly Focus</b>	1-How diverse is the UK? 2-The changing population in the UK: Demographics and culture 3-Can a changing and diverse society be unified? (LGBTQ+) 4-Equality Act recap Equality and sex 5- What are the characteristics of positive relationships? 6- Coercive control recap How can we manage conflict healthily in a relationship?	1- What are the characteristics of positive relationships? 2- Coercive control recap 3- How can we manage conflict healthily in a relationship?	1-Recap: laws, county lines and gangs. 2- The laws on drugs and social effects 3- Drugs - What harm does it cause to people around the world? The drug supply chain 4- What is the impact of drugs and alcohol on decisions about sex? (LGBTQ+)	1- What is the role of the media in a democracy? 2- What is responsible journalism? 3- What is misinformation? What can we do to check the accuracy of information shared online? What can we do to counteract it? 4- Should the media be censored?	1-What is anti-social behaviour? 2-What causes anti-social behaviour? 3-What are the laws about anti-social behaviour? 4-How could we reduce anti-social behaviour in our local community? 5- How does mental ill-health impact on violence and aggression? What help is there? 6- What are the links between mental health and violent extremism?	1- What is a hire purchase? 2-What is the job of loan sharks? What is the danger of borrowing from a loan shark? 3- What is a payday loan? How much interest is accrued on payday loans? What is the law? 4- Who is the Citizens Advice Bureau? How can they help us?

Year 11	<b>Core Knowledge/ Skills and Concepts</b>	<p><b>Drug Awareness</b> Alcohol and drug misuse and pressures relating to drug use</p> 	<p><b>Mental Wellbeing</b> Mental health and emotional wellbeing, including body image and coping strategies</p> 	<p><b>Families and relationships</b> Different families and parental responsibilities, pregnancies</p> 	<p><b>Healthy Lifestyles and Families</b> Health during pregnancy, starting a family</p> 	<p><b>Employability and Finances</b> Employability and online presence, financial education</p> 	
	<b>Weekly focus</b>	<p>1- What harm can prescription drugs cause?</p> <p>2- What is GHB? How is it used? What effect does it have? What is the law?</p> <p>3- What is the impact of drug use on our mental and physical health?</p> <p>4- What can we do about alcohol and tobacco dependency? How can we seek help?</p>	<p>1-Maintaining positive mental health.</p> <p>2-How can I best cope with exam stress?</p> <p>3-Organising myself around exam periods</p> <p>4-What tips and support are there for reducing anxiety, stress and panic?</p>	<p>1-What is fertility? What do we need to know about effective reproduction? (LGBTQ+)</p> <p>2- What is infertility? What help is accessible for infertility?</p> <p>3- Pregnancy: What are the signs? Pregnancy testing and support during pregnancy.</p>	<p>1- How can we stay healthy during pregnancy?</p> <p>2- What happens during labour? What options are there for labour?</p> <p>3- What alternative ways are there for having a baby? E.g., surrogacy, adoption, IVF etc.</p> <p>4- What is menopause? How does menopause impact equality?</p>	<p>1-What is student finance? What are student loans?</p> <p>2- What is the minimum wage? What is the living wage? What employee rights do I have?</p> <p>3-What is the difference between gross and net earnings? What comes out of my wage? Pensions, national insurance, tax etc.</p> <p>4-What is VAT? Why does the government add tax onto products in the financial budget?</p>	